Track: 2015-05-25 monte del papa (mdt).gpx **Date: 26/05/2015**

Track: 2015-05-25 monte del papa (mdt).gpx	**IBP = 72 HKG**
Detected modality = HKG	
IBP index reliability= A	

Total length	4.76 Km
Analyzed distance	4.76 Km
Lineal distance	0.027 Km

Accumulated climb	472.52 m
Accumulated descent	475.69 m
Maximum height	2009.3 m
Minimal height	1553.81 m
Climb rate	18.95 %
Descent rate	21.28 %
Positive climb difference per	99.27 m
Negative descent difference per	99.93 m

Total time	1:56:18 h
Time in movement	1:33:31 h
Stopped time	0:22:47 h

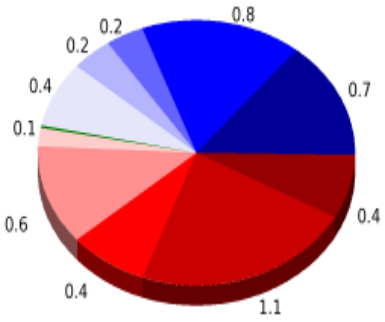
Total speed average	2.46 Km/h
Average speed in movement	3.05 Km/h
Maximum held speed	6.58 Km/h

Max slope filter	~55 %
Min. ponts separation	~30 m
Number of points	1144 (cad. 4.16 m)
Significant points	148 (cad. 32.38 m / 12.94 %)
Aberrant points	140 (12.24 % d. total)

Direction changes per	14.29
Direction changes >5º per	12.61
Accumulated straight stretches	0.614 Km
Straight stretches per	128.99 m
Penalizables slope changes	3
Penalizables slope changes per	0.63

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Summary of slopes

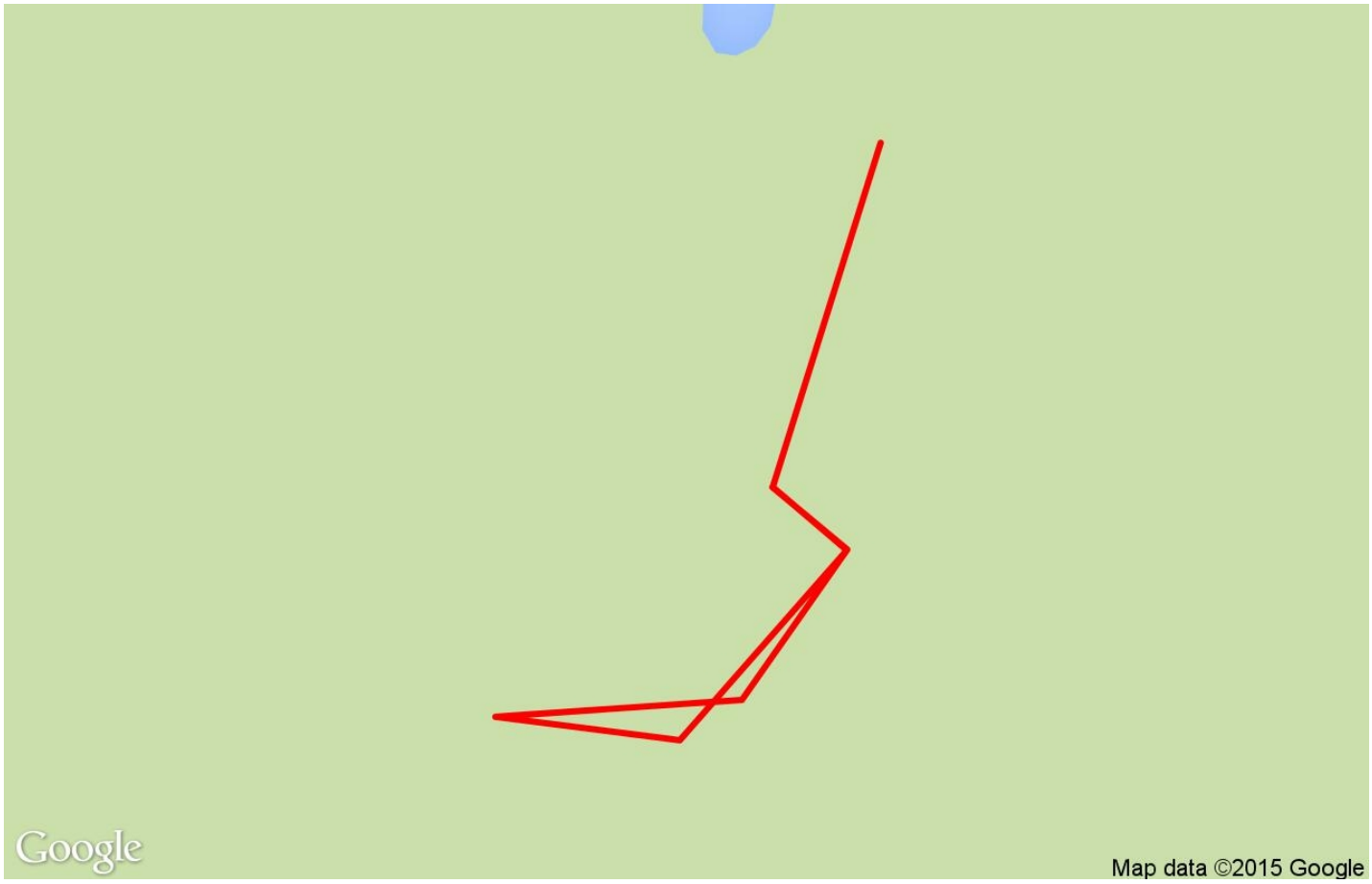


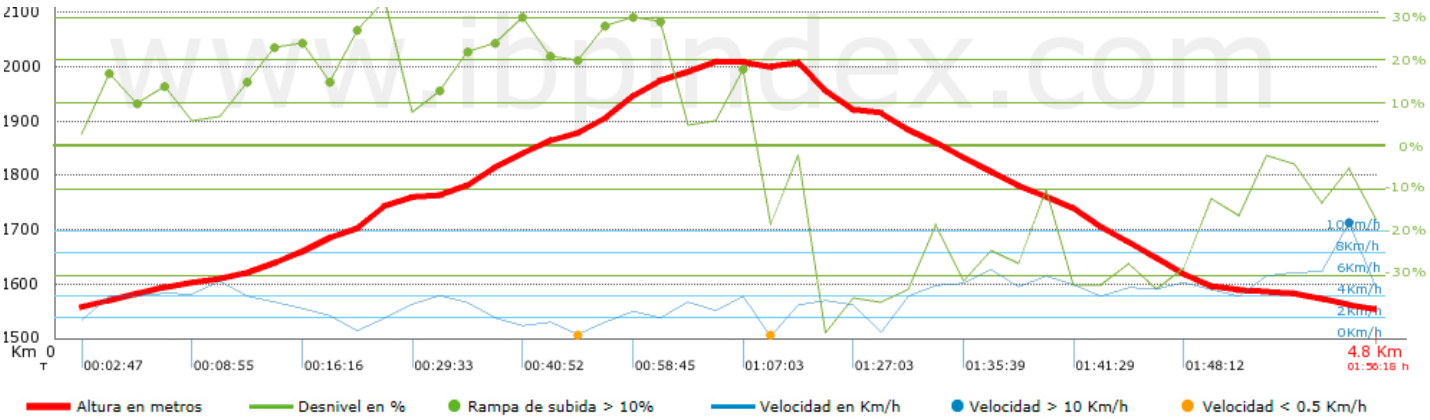
	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.367	7.7	1.64	0:13:25
	Between 15 and 30%	1.135	23.84	2.39	0:28:26
	Between 10 and 15%	0.357	7.49	3.32	0:06:27
	Between 5 and 10%	0.567	11.91	4.06	0:08:23
	Between 1 and 5%	0.068	1.44	1.94	0:02:07
	Total :	2.493	52.37	2.54	0:58:48
	Plain				
	Difference of 1%	0.031	0.66	1.27	0:01:29
	Breakdown descents				
	Between 1 and 5%	0.352	7.4	6.24	0:03:23
	Between 5 and 10%	0.185	3.88	3.66	0:03:02
	Between 10 and 15%	0.247	5.19	5.23	0:02:50
	Between 15 and 30%	0.757	15.91	3.85	0:11:48
	Between 30% and 55%	0.695	14.59	3.42	0:12:11
	Total :	2.236	46.97	4.04	0:33:14
	Total track :	4.76	100 %	3.05	1:33:31

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High altitude parameters, data above							
Altitude	**Distance m**	**% of total**	**Time in movement**	**Speed**	**Stopped time**	**Total time**	**Speed**
2000	**355.583**	**7.47**	**0:06:33**	**3.26**	**0:12:05**	**0:18:38**	**1.14**
1750	**2070.021**	**43.49**	**0:47:42**	**2.6**	**0:08:11**	**0:55:53**	**2.22**
1500	**2334.663**	**49.04**	**0:39:16**	**3.57**	**0:02:31**	**0:41:47**	**3.35**
Total :	**4.76 Km**	**100 %**	**1:33:31 h**	**3.05 Km/h**	**0:22:47 h**	**1:56:18 h**	**2.46 Km/h**

Stops					
Distance	**Stopped time**	**Altitude**	**Elapsed time**	**Last stop elapsed time**	**Last stop distance**

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0.962	0:02:31	1685	0:19:02	0:19:02	0.962
1.824	0:05:00	1871	0:45:19	0:26:17	0.862
2.461	0:12:05 > 10´	2009	1:07:03	0:21:44	0.637
2.912	0:03:11	1922	1:27:52	0:20:49	0.452
Total :	**0:22:47 h**				

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